



## **YPD BLUE 5K - Run for a Reason**

*3rd Annual 5K Run & Fun Walk PLUS Kid's Race!*  
*Sunday, May 16, 2010 11:00 am – Kid's Race Starts at 10:30 am*  
*Race Location: Skipper Restaurant, 152 South Shore Drive*  
*South Yarmouth, Massachusetts 02664*  
[www.ypdblue5K.com](http://www.ypdblue5K.com)

**Cash Prizes for Top Male & Female Runners Overall • Awards for Top 3 Finishers in Each Division**  
**Special Awards for Fastest Male & Female Police Officers & Firefighters**  
**Professionally Timed, Scenic, Flat Route along Nantucket Sound and Bass River**  
**Free Pre-Race Fitness Clinic led by Satin Wellness • Post-Race Raffles**  
**Hot Dogs and Chowder after the Race, provided by the Skipper Restaurant**  
**Pre-Registered D-Y School District Students Pay Only \$10! (By Mail Only – Deadline 5.04.10)**

**NEW THIS YEAR! Elementary Kid's Race at 10:30 am to support DY Schools!**  
**\$5 per Kid – Register on-site or pre-register at [www.DYSchoolsAreGreat.com](http://www.DYSchoolsAreGreat.com)**

**Race Benefits: National Law Enforcement Officers Memorial Fund, Yarmouth Police Relief Association and DY Schools Are Great, which provides funding to all 7 Dennis-Yarmouth Schools.**

For sponsorship information, please contact Steven G. Xiarhos, Yarmouth Police Relief Association, 1-508-775-0445 extension 2150, [sxiarhos@yarmouth.ma.us](mailto:sxiarhos@yarmouth.ma.us)

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**YPD BLUE 5K – Run for a Reason RACE & WALK APPLICATION – Please Print**

**First Name:** \_\_\_\_\_ **MI:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Telephone:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Age on 5/16/10:** \_\_\_\_\_ **Gender:** M/F \_\_\_\_\_ **Check one:** Runner \_\_\_\_\_ Walker \_\_\_\_\_ (NON-COMPETITIVE Walk)

**If you are a Police Officer or Firefighter, please check here:** \_\_\_\_\_ Agency/Dept. \_\_\_\_\_

**Pre-Registered Runners Get a FREE T-Shirt! Size (circle one) M L XL**

**Entry Fee:** \_\_\_ \$20.00 or \_\_\_ \$10.00 for D-Y School District Students by mail before 5/4/10 or \_\_\_ \$25.00 Race Day.

**Please make check payable to and mail to: Attn: YPD Blue 5K, Yarmouth Police Relief Association, One Brad Erickson Way, West Yarmouth, Massachusetts 02673**

**Please Read Waiver Before Signing:**

In consideration of acceptance of my entry the undersigned hereby, for myself, my heirs, successors, assigns, executors, and administrators hereby waive and release all claims for damages for injuries or any other loss which may arise or result from my participation in the YPD BLUE 5K Race (the "Event") against the following entities and parties: The Town of Yarmouth, the Yarmouth Police Relief Association, Inc., Event sponsors, Event charitable beneficiaries, Event volunteers, including with respect to each of the foregoing their representatives, successors, agents, employees, servants, directors, and officers (collectively the "Released Parties") including such injuries caused by the negligence, gross negligence, or other fault of the Released Parties or any one of them. I understand that participation in road race events is an inherently dangerous activity with a risk of serious injury or death. I represent that I am physically fit and sufficiently trained to safely participate in and complete this Event as a foot race entrant, and that a licensed physician has verified my fitness for this Event. I hereby authorize the Released Parties to use my likeness in photographs, motion pictures, video or digital recordings, or any other form of video or audio recording for the purpose of reporting or promoting this or similar events.

X \_\_\_\_\_ **Date:** \_\_\_\_\_

Signature of participant or parent/guardian if under 18 years